Trustworthiness is shown when you are reliable, keep your promises and do what you say you will do. Trustworthiness is also shown when you tell the truth and are honest with both words and actions, even when it may be difficult. By having the courage to do the right thing and by being loyal to your friends, family and community you demonstrate that you are trustworthy. Every day, every way, trustworthiness always counts!

The Bermudian Springs Elementary students, pictured above, show trustworthiness in their high school mentors. They are involved in B.M.A.R.T., a program which began in 2000 by Big Brothers Big Sisters. It matches high school student-mentors one on one with elementary pupils. They meet with their mentors weekly after school for homework assistance, educational games, character building activities and social time. This program has had a significant, positive impact on the children. Their teachers noted an overall improvement in building activities and social time.

A young boy, for his own entertainment, makes believe and screams that a big wolf has come into the village. The people in the village are very alarmed at first. But after he pulls this stunt several times and no wolf is ever seen, the villagers begin to realize that he is just pretending. One day a mean wolf actually comes into the village. But this time when the boy cries out to forewarn the others, everyone knows that he is not trustworthy and they ignore him.

Why didn’t the people believe the boy when there really was a wolf? What is the best way to make sure people believe you all the time? Has this sort of thing ever happened to someone you know?

Story Starters

1. Write a story about Trustworthiness. Use one of the following story ideas to get you started. 
   1. Write a sentence about someone you trust, and why you trust that person.
   2. Write a sentence about how it makes you feel when somebody breaks a promise to you.
   3. Write a sentence about someone who broke a promise to you.

Newspaper Activities

1. Imagine that you found a beautiful new red bike on the playground. Look through today’s newspaper for ideas on how you could use the newspaper to help find the bike’s owner. What would you do?
2. You be the reporter. Interview a teacher, friend or parent about trustworthiness. Ask about specific examples from their life that show trustworthiness, reliability and having the courage to do the right thing, even when it is difficult. Write a story like you were writing for the newspaper. Be sure to give it an interesting title that will grab the reader’s attention.

Hidden Pictures

Color the hidden images, from the key below, in the picture.

TRUST IN THEIR MENTORS

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